

Who We Are

We are a **Suffolk based charity** dedicated to helping professionals to **support children & young people**, and their parents/carers affected by their **mental health**.

What We Do

We offer support by delivering a **free workshop** to professionals on how to support children and young people & their parents/carers using our journal



Get in touch and for information

email:suffolkwematter@gmail.com

Visit our website

www.suffolkwematter.org.uk

